



MY HEALTH

I am concerned about my diet. Do you know of any dieticians experienced in working with people who are taking anticancer medicines and chemotherapy?

Name: _____ Phone number: _____

Is there anything I can do to help myself feel stronger/less exhausted?

Are there any complementary therapies or specific centers that you would recommend for patients diagnosed with cancer?



MY WORK



How will treatment affect my daily activities?

Can I still work full-time?



NOTES

What did I learn?

What matters to me?

What questions do I have?
